

The Stafford Area Soccer association offers several different divisions of soccer, Recreation, Revolution Academy and Travel. Within these divisions we offer programs for U5 through U19 players. All travel age groups and Revolution Academy U7 & U8 are formulated by the player's true age, wherein the Recreation Division and Revolution Academy U10 – U14 age groups are made up of players within a two year age range. The age groups are established by VYSA (Virginia Youth Soccer) and upheld by SASA. If, after reading the description of any of the programs, you would like to register for our spring '12 season, [click here to do so](#). *registration begins Monday, December 12, 2011.*

[U5](#)

[U6](#)

[U7](#)

[U8](#)

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U5 STARS (date of birth August 1, 2006 – July 31, 2007): This program is structured around enjoyment, interaction and movement wherein the players use fun games with a soccer ball to learn the basic fundamentals of the sport. The program is specifically designed with a 12:2 ratio of players to coaches. All of the instruction is geared toward the learning ability of this age group by using short, fun lessons. The 45 minute long sessions run 5 Saturdays, beginning April 21st – May 19th. At the time of registration, the player selects either the North Stafford location or South Stafford location (exact field locations TBD) and either the 9 a.m., 10 a.m. or 11 a.m. sessions. Each location and session time is limited to the first 12 players who complete registration. Completed registration includes receiving payment. The registration cost for spring 2012 is \$45. [Top of the Document](#)
[Click here to register for the U5 STARS](#)

U6 Recreation (date of birth, August 1, 2005 – July 31, 2006): Our U6 program operates within the recreation division. This is the youngest age group in SASA that the participants partake in formal games. Coaches and/or a parent volunteer act as referees. Games are 45 minutes and are typically played Saturdays with some gameplay taking place during the week. There are no more than 2 SASA sanctioned events per week for this age group. Teams are formed, to the best of SASA's ability, based on geographical location. Specific practice fields and times are scheduled by the field's coordinator and selected by the coach. Spring '12 practices will begin around March 19, 2012; the season is from March 31st through approximately June 2nd; the registration fee is \$75. [Top of the Document](#)

U7 Revolution Academy (date of birth August 1, 2004 – July 31, 2005): The focus of this program is PLAYER DEVELOPMENT and aimed at kids who show a passion to play, skills to move to the next level, and a willingness to learn. Players CAN NOT sign-up for both Revolution Academy & Recreation. All players will participate as a group by age and will train on the same field by age group. Players will train twice a week (days TBD) with games played on Saturday's. Games will consist of scrambles played with a mix of U7 & U8 Revolution Academy participants. Registration is limited to the first 20 boys and 20 girls who complete registration. Completed registration includes receiving payment. The registration fee is \$130. [Top of the Document](#)

U8 Recreation (date of birth, August 1, 2003 – July 31, 2005): SASA offers a Recreation program for this age group. Recreation is open to all who would like to play and offers a wonderful opportunity for participants to be introduced to soccer, continue to grow their skills, and have fun playing. Coaches and/or a parent volunteer act as referees. Games are 45 minutes long and are typically played Saturdays with some game play taking place during the week. There are no more than 2 SASA sanctioned events per week for this age group. Recreation teams are formed, to the best of SASA's ability, based on geographical location. Specific practice fields and times are scheduled by the field's coordinator and selected by the coach. Spring '12 practices will begin around March 19, 2012; the season is from March 31st through approximately June 2nd; the registration fee is \$75. [Top of the Document](#)

U8 Revolution Academy (date of birth, August 1, 2003 – July 31, 2004): The focus of this program is PLAYER DEVELOPMENT and aimed at kids who show a passion to play, skills to move to the next level, and a willingness to learn. Players CAN NOT sign-up for both Revolution Academy & Recreation. All players will participate as a group by age and will train on the same field by age group. Players will train twice a week (days TBD); Games will consist of scrambles played with a mix of U7 & U8 Revolution Academy participants. Registration is limited to the first 40 boys and 40 girls who complete registration. Completed registration includes receiving payment. Spring '12 registration fee is \$130. [Top of the Document](#)

U9 Travel (date of birth, August 1, 2002 – July 31, 2003): This is the youngest age group we offer the opportunity to play in our travel division. Participants are accepted into the program via a tryout process and are extended an offer to play for a particular travel team. Games are typically on Sunday's with an occasional Saturday game, and are held throughout Virginia and the Washington, D.C. area. Teams also participate in tournaments throughout the region as well as off-season conditioning. Coaches are expected to hold at least a "D" License. The registration fee for spring '12 is \$350. Please [click here for more information](#). [Top of the Document](#)

U10 Recreation and Revolution Academy (date of birth, August 1, 2001 – July 31, 2003): SASA offers both Revolution Academy and Recreation programs for this age group. Recreation is open to all who would like to play and offers a wonderful opportunity for participants to be introduced to soccer, continue to grow their skills, and have fun playing. Games are 50 minutes long and are typically played Saturdays with some gameplay taking place during the week. There are no more than 3 SASA sanctioned events per week for this age group. Recreation teams are formed, to the best of SASA's ability, based on geographical location. Specific practice fields and times are scheduled by the field's coordinator and selected by the coach. Spring '12 practices will begin around March 19, 2012; the season is from March 31st through approximately June 2nd; the registration fee is \$90. [Top of the Document](#)

The Revolution Academy Division, at this age, requires acceptance based on a try-out, is more competitive and is considered to be the developmental division to prepare players for possible Travel division if selected and wish to join. Coaches are required to hold at least an "E" certification. Games are 50 minutes long and are typically played on Saturdays with some gameplay taking place during the week. There are no more than 3 SASA sanctioned events per week for this age group and division. Teams are formed based on player skill and ability in order to most-equally balance teams. Specific practice fields and times are scheduled by the field's coordinator and selected by the coach. Spring '12 practices will begin around March 19, 2012; the season is from March 31st through approximately June 2nd; the registration fee is \$130. [Top of the Document](#)

U10 Travel (date of birth, August 1, 2001 – July 31, 2002): Participants are accepted into the program via a tryout process and are extended an offer to play on a particular travel team. Games are typically on Sunday's with an occasional Saturday game and are held throughout Virginia and the Washington, D.C. area. Teams also participate in tournaments throughout the region. Coaches are expected to have at least a "D" license. The registration fee for spring 2012 is \$400. Please [click here for more information](#). [Top of the Document](#)

U11 Travel (date of birth, August 1, 2000 – July 31, 2001): Participants are accepted into the program via a tryout process and are extended an offer to play on a particular travel team. Games are typically on Sunday's with an occasional Saturday game and are held throughout Virginia and the Washington, D.C. area. Teams also participate in tournaments throughout the region as well as off-season conditioning. Coaches are expected to have at least a "D" license. The registration fee for spring 2012 is \$400. Please [click here for more information](#). [Top of the Document](#)

U12 Recreation and Revolution Academy (date of birth, August 1, 1999 – July 31, 2001): SASA offers both Revolution Academy and Recreation programs for this age group. Recreation is open to all who would like to play. Recreation is open to all who would like to play and offers a wonderful opportunity for participants to be introduced to soccer, continue to grow their skills, and have fun playing. Games are 60 minutes long and are typically played Saturdays with some game play taking place during the week. There are no more than 3 SASA sanctioned events per week for this age group. Recreation teams are formed, to the best of SASA's ability, based on geographical location. Specific practice fields and times are scheduled by the field's coordinator and selected by the coach. Spring '12 practices will begin around March 19, 2012; the season is from March 31st through approximately June 2nd; the registration fee is \$105. [Top of the Document](#)

The Revolution Academy Division, at this age, requires acceptance based on a try-out, is more competitive and is considered to be a developmental division to possibly prepare players for the Travel division, if selected, and wish to join. Coaches are required to hold at least an "E" license. Games are 50 minutes long and are typically played on Saturdays with some game play taking place during the week. There are no more than 3 SASA sanctioned events per week for this age group and division. Teams are formed based on player skill and ability to more equally balance teams. Specific practice fields and times are scheduled by the field's coordinator and selected by the coach. Spring '12 practices will begin around March 19, 2012; the season is from March 31st through approximately June 2nd; the registration fee is \$140. [Top of the Document](#)

U12 Travel (date of birth, August 1, 1999 – July 31, 2000): Participants are accepted into the program via a tryout process and are extended an offer to play on a particular, age-appropriate travel team. Games are typically on Sunday's with an occasional Saturday game and are held throughout Virginia, Maryland and the Washington, D.C. metropolitan area. Teams also participate in tournaments throughout the region as well as off-season conditioning. Coaches are expected to have at least a "D" license. The registration fee for spring 2012 is \$450. Please [click here for more information](#). [Top of the Document](#)

U13 Travel (date of birth, August 1, 1998 – July 31, 1999): Participants are accepted into the program via a tryout process and are extended an offer to play on a particular travel team. Games are typically on Sunday's and are held throughout Virginia, Maryland and the Washington, D.C. metropolitan area. Teams also participate in tournaments throughout the region as well as off-season conditioning. Coaches are expected to have at least a "D" license. The registration fee for spring 2012 is \$450. Please [click here for more information](#). [Top of the Document](#)

U14 Recreation and Revolution Academy (date of birth, August 1, 1997 – July 31, 1999): SASA offers both Revolution Academy and Recreation programs for this age group. Recreation is open to all who would like to play. Recreation is open to all who would like to play and offers a wonderful opportunity for participants to be introduced to soccer, continue to grow their skills, and have fun playing. Games are 70 minutes long and are typically played Saturdays with some game play taking place during the week. There are no more than 3 SASA sanctioned events per week for this age group. Recreation teams are formed, to the best of SASA's ability, based on geographical location. Specific practice fields and times are scheduled by the field's coordinator and selected by the coach. Spring '12 practices will begin around March 19, 2012; the season is from March 31st through approximately June 2nd; the registration fee is \$110. [Top of the Document](#)

The Revolution Academy Division, at this age, requires acceptance based on a try-out, is more competitive and is considered to be the training division to possibly prepare players for the Travel division if selected and wish to join. Coaches are required to hold at least an "E" license. Games are 70 minutes long and are typically played on Saturdays with some game play taking place during the week. There are no more than 3 SASA sanctioned events per week for this age group and division. Teams are formed based on player skill and ability to more equally balance teams. Specific practice fields and times are scheduled by the field's coordinator and selected by the coach. Spring '12 practices will begin around March 19, 2012; the season is from March 31st through approximately June 2nd; the registration fee is \$140. [Top of the Document](#)

U14 Travel (date of birth, August 1, 1997 – July 31, 1998): Participants are accepted into the program via a tryout process and are extended an offer to play for a particular age-appropriate travel team. Games are typically on Sunday's with an occasional Saturday game and are held throughout Virginia, Maryland and the Washington, D.C. metropolitan area. Teams also participate in tournaments throughout the region as well as off-season conditioning. Coaches are expected to have at least a "D" license. The fee for spring 2012 is \$500. Please [click here for more information](#). [Top of the Document](#)

U15 Travel (date of birth, August 1, 1996 – July 31, 1997): Participants are accepted into the program via a tryout process and are extended an offer to play on a particular, age-appropriate, travel team. Games are typically on Sunday's with an occasional Saturday game and are held throughout Virginia, Maryland and the Washington, D.C. metropolitan area. Teams also participate in tournaments throughout the region as well as off-season conditioning. Coaches are expected to have at least a "D" license. Please check with your manager for Spring 2012 fee. Please [click here for more information](#). [Top of the Document](#)

Recreation High School (U15 – U19) (date of birth, August 1, 1992 – July 31, 1997): Our Recreation High School program consists of U15 – U19 players. Games are 80 minutes and are played weeknights and Saturday's. There are no more than 3 SASA sanctioned events per week for this age group. Recreation teams are formed, to the best of SASA's ability, based on age and geographical location. Specific practice fields and times are scheduled by the field's coordinator and selected by the coach. Spring '12 practices will begin around March 19, 2012; the season is from March 31st through approximately June 2nd; the registration fee is \$115. [Top of the Document](#)

U16 Travel (date of birth, August 1, 1995 – July 31, 1996): Participants are accepted into the program via a tryout process and are extended an offer to play for a particular, age-appropriate travel team. Games are typically on Sunday's with an occasional Saturday game, and are held throughout Virginia, Maryland and the Washington, D.C. metropolitan area. Teams also participate in tournaments throughout the region as well as off-season conditioning. Coaches are expected to have at least a "D" license. Please check with your manager for Spring 2012 fee. Please [click here for more information](#). [Top of the Document](#)

U17 Travel (date of birth, August 1, 1994 – July 31, 1995): Participants are accepted into the program via a tryout process and are extended an offer to play for a particular, age-appropriate travel team. Games are typically on Sunday's with an occasional Saturday game, and are held throughout Virginia, Maryland and the Washington, D.C. metropolitan area. Teams also participate in tournaments throughout the region as well as off-season conditioning. Coaches are expected to have at least a "D" license. Please check with your manager for Spring 2012 fee. Please [click here for more information](#). [Top of the Document](#)

Recreation High School (U15 – U19) (date of birth, August 1, 1992 – July 31, 1997): Our Recreation High School program consists of U15 – U19 players. Games are 80 minutes and are played weeknights and Saturday's. There are no more than 3 SASA sanctioned events per week for this age group. Recreation teams are formed, to the best of SASA's ability, based on age and geographical location. Specific practice fields and times are scheduled by the field's coordinator and selected by the coach. Spring '12 practices will begin around March 19, 2012; the season is from March 31st through approximately June 2nd; the registration fee is \$115. [Top of the Document](#)

U19 Travel (date of birth, August 1, 1992 – July 31, 1994): Participants are accepted into the program via a tryout process and are extended an offer to play for a particular, age-appropriate travel team. Games are typically on Sunday's with an occasional Saturday game, and are held throughout Virginia, Maryland and the Washington, D.C. metropolitan area. Teams also participate in tournaments throughout the region as well as off-season conditioning. Coaches are expected to have at least a "D" license. Please check with your manager for Spring 2012 fee. Please [click here for more information](#). [Top of the Document](#)

Recreation High School (U15 – U19) (date of birth, August 1, 1992 – July 31, 1997): Our Recreation High School program consists of U15 – U19 players. Games are 50 minutes and are typically played Saturdays with some game play taking place during the week. There are no more than 3 SASA sanctioned events per week for this age group. Recreation teams are formed, to the best of SASA's ability, based on geographical location. Specific practice fields and times are scheduled by the field's coordinator and selected by the coach. Spring '12 practices will begin around March 19, 2012; the season is from March 31st through approximately June 2nd; the registration fee is \$115. [Top of the Document](#)